

Saint Bernard Church



January 1, 2023 Solemnity of Mary

Rev. David F. Gaffney, Pastor

sbc.pastor@aol.com

Rev. John E. Unsworth, Pastor, Emeritus

Rev. Charles Maher, Weekday Assistant

Rev. Albino Barrera, OP Weekend Assistant

Pastoral Assistant: Angelo Giacchi
Business Manager: David Cote
Elementary Faith Formation: Dawn Masterson
Youth Faith Formation: Christina Pichette
Music Director: Alison Shea

Mass Schedules

Weekends

Saturday Vigil ~ 5:00 PM

Sundays

7:00 AM 8:30 AM 10:30 AM

Weekdays

8:00 AM Monday through Friday

Address: 275 Tower Hill Road
North Kingstown, RI 02852

Phone : 401-295-0387

E-mail: sbc.bus@verizon.net

Web: www.stbernardnk.org

Hours: Mon - Tues: 9:00 AM - 4:00 PM
Wednesday 9:00 AM - 12:00 PM
Thursday & Friday: Closed

Baptism: Please call Angelo at the Parish Center for information about scheduling and preparation.

Communion to the Sick: Please notify us of those sick and in need of Communion at home.

Marriage: Please call 10 months in advance.

Holy Orders: Tel: 401-831-8011
www.catholicpriest.com

Project Rachel: Post abortion counseling
Tel: 401-421-7833, ext. 118

Sacrament of Reconciliation: Saturdays 4:00 PM

Eucharistic Adoration

Following Tuesday's 8:00 AM Mass until 11:00 AM

Family Faith Formation Program

Our programs provide parishioners of all ages opportunities for learning, growing and living our Faith through common experiences, age-specific learning and interactive sharing. Please call the Parish Center for information regarding any of our programs or email:

First Communion Grade 2:
sbcreligiouseducation@gmail.com

Confirmation Grades 8 & 9: sbc.teenff@gmail.com

Gospel Weeklies Grades 1, 3, 4, 5, 6 & 7:
stbernardgospelweeklies@gmail.com

Ponderings

Just about now you will start to see “lists” of New Year’s Resolutions. I found one such list that had ten items listed. Below I have put down each item from the list I found on-line and I have added a “Spiritual New Year’s Resolution” ----I noticed most of the resolutions from the on-line site had to do with Body and Mind-----but not with Spirit! Remember: the “suggested resolutions” in ITALICS are mine! (Just having a little fun.....and getting you to ‘ponder’)

1. Try a New Hairstyle
Try a new way of praying----if you pray with scripture now, how about trying a silent prayer or the rosary or a spiritual journal.
2. Practice Mindfulness
Practice Meditation. This form of prayer is not ‘new age’----- rather, meditation and contemplation have been part of the Christian tradition for centuries.
3. Stick to a Budget
Stick to using your budget envelope! (I couldn’t resist). The parish depends on your generosity. It is literally how we keep our doors open and the lights on. Using the budgets helps us to do some important financial planning and budgeting. If you don’t have budget envelopes----contact the office----we will arrange for them.
4. Try new Recipes
Try a new Mass time. If you always go to the 5:00 p.m., try the 10:30 am one week! You will hear the choir sing. You’ll meet people there you didn’t even know belonged to the parish!
5. Read every night
Read every night from the Bible! There are a few ways to ‘read the Bible’. I can begin with Genesis and keep going! Or I can read “thematically” ----I can choose passages based on my spiritual goals. (If I would like to become more patient, for example, I can read passages about patience.) Another way is to read the next day’s Gospel (which will be proclaimed at morning Mass.). Or you can pick a particular book of the Bible. I would recommend one of the Gospels-----since they are probably already pretty familiar to you.
6. Cut Back on Alcohol.
Cut back on lots of things. Become a good steward of the resources you’ve been given. It probably means I need to ‘cut back’. It might be alcohol. It could be something else. The cutting back might be good for my physical health-----also my spiritual health!
7. Set Up a Sleep Routine
Set up a prayer routine before I go to sleep! Take a few minutes before retiring for the evening. Here are three questions for you as you think back over the day: What am I sorry for? What am I grateful for? What am I hopeful for?
8. Become a Plant Parent
Become a parent who continues to introduce their family to Jesus-----through prayer at home, by coming to Mass each week, to take advantage of all the sacraments.
9. Lift Weights
Lift whatever ‘weighs you down’ and place at the feet of Jesus. He tells us to come to him with our burdens. What’s a heavy burden you are carrying these days? Have you tried placing it at Jesus’ feet----letting go of that burden? It just might be a good ‘spiritual exercise’!!
10. Book a holiday
Keep holy the Lord’s Day-----come to Mass every week. Bring your family. Prioritize-----and make your faith life a priority this coming year. There is juggling with schedules-----but not every activity has equal value. Choose the best-----choose Jesus.

With whatever resolutions you have with “Body and Mind” ----I wish you luck! With the resolutions that go right to your “Spirit” ----I offer my prayers---and let me know if I can help in any way! Happy New Year 2023!

--Fr. Gaffney



Mass Intentions

MONDAY, January 2

8:00 AM – *Deceased Members of the Gaffney & Moriarty Families*

TUESDAY, January 3

8:00 AM – *Emma Woodhouse*

WEDNESDAY, January 4

8:00 AM – *Anthony McComiskey*
by Sal & Linda Sanfilippo

THURSDAY, January 5

8:00 AM – *Egidio Capobianco*

FRIDAY, January 6

8:00 AM – *John V. Imondi*
by his family

WEEKEND MASS SCHEDULE

SATURDAY, January 7

5:00 PM – *Everett Beauregard*
by Ferriola family

SUNDAY, January 8

7:00 AM – *Deceased of the Parish*

8:30 AM – *Buck Reis*
by The Scholarship Fund

10:30 AM – *Maria Douglas*
by her family

Soup-er Bowl! (Super Bowl!) Outreach to help the Poor.

From January 1st through February 12th (the day of this year's Super Bowl) we will be collecting cans of SOUP for the North Kingstown Food Pantry. We are setting a 'challenge' to collect 500 cans of soup! Then on the weekend of February 11/12 the young people of the parish will hold 'Soup Bowls' at the exit for a 'free will' donation----which will support our parish's outreach to the poor and needy. (We purchase 'food cards' for those in need who approach us year round). Our Soup-er Bowl event is our initiative! Thanks for your support!

Holy Moments

A Handbook for the Rest of Your Life is the title of the book by Matthew Kelly that we selected to be given to parishioners on Christmas. "Thank you" to a parishioner (who wants to remain anonymous) for the donation of these books. We have distributed all of these books! If you are enjoying reading the book and find it helpful----please pass it along to a family member, friend or neighbor when you finish! It is a good "New Year's Resolution" to do a bit of spiritual reading!

Giving Tree

Thank you for your generous response to our Giving Tree outreach project. We estimate that we collected more than 600 gifts in addition to many, many gift cards. It was not unusual to see a gift tag attached not to just one gift, but two or more. For example, there were so many instances where "a pair of socks" was listed on the tag---and the actual donation was "five pairs of socks". In other words, you were more generous than what the 'tag from the tree' asked! Thanks to Nancy Delaney who coordinates this project. The agencies and the families they serve are so very grateful for your donations!



Pancakes with Santa — A Success !!!!

Parish Support

	December 11, 2022	2021
Basket	\$6,716.00	\$6,350.00
ACH	\$2,416.00	\$2,710.00
	December 18, 2022	2021
Basket	\$7,166.00	\$6,900.00
ACH	\$3,111.00	\$2,965.00
YTD	\$248,780.00	\$247,268.00

Remember St. Bernard Church in your will and estate planning. Thank you.

Annual Collection

Participation is its own goal! We are grateful for all who have sent in a contribution to our Annual Collection. Do you think we could get 100% participation? How about 75% or 50%. Are you able to participate? Any and all contributions are gratefully received. As of now approximately 211 households have made a donation. Imagine what might be contributed if every one of our 1400 families participated. Thank you for your participation! Your contribution is an important factor in maintaining our financial viability as a parish.

Please Be Careful!

The winter is just getting started. Cold and snow will surely come. The area around St. Bernard Church is especially difficult to keep clear from ice in winter weather. Our church has been built facing the north and the sun never shines on our front entrance. What melts during the day, refreezes at night.

We always do our best to keep the walks clear, but it is never going to be perfect (unless we turn the building around to face the South), and so we ask you all, when it does snow please use extreme caution and good common sense when coming to church. Please be thoughtful of others and lend a hand to those who are in danger of falling (especially the elderly).

2023 March for Life Bus Pilgrimage to D.C., January 19-20

The annual March for Life Bus Trip joins Servants of Christ for Life in collaboration with the Diocese of Providence Office of Life and Family Ministry on a charter bus to D.C. This year's event is both the 50th anniversary of the March and an opportunity to pilgrimage to give thanks to God for the overturning of Roe v. Wade.

We leave Rhode Island Thursday morning, Jan. 19, and stay overnight in a Knights of Columbus Hall in Maryland and then join the March for Life on Friday morning, Jan. 20. We return to Rhode Island early Saturday, Jan. 21. Cost: \$200 per person.

Trip/schedule includes:

- -Bus transportation
- -Dinner Thursday and breakfast Friday, provided by the Knights
- -Overnight lodging Thursday night, provided by the Knights
- -Pro-Life speaker on Thursday night
- -Thursday evening and Friday morning Holy Masses
- -Marching in the historic March for Life Friday

To register, please contact:

Tyler Rowley, Servants for Christ for Life, at 401-290-7201 /t3rowley@gmail.com or
Lisa Cooley, Coordinator, diocesan Office of Life and Family Ministry, 401-278-2518 /
lcooley@dioceseofprovidence.org.

Stormy Weather and Daily Mass

If the public schools in North Kingstown are closed because of bad weather, our daily 8 AM Mass is also cancelled. We hope this will prevent people from venturing out in dangerous conditions just so see if we are open.

Young at Heart Luncheon

Our next Young at Heart Luncheon is scheduled for Tuesday, February, 21, 2023.

Faith Formation

Weather related Class Cancellations!
Please log on to www.turnto10.com
or the local TV/Radio Channels for updates

GOSPEL WEEKLIES PROGRAM

Grades 1, 3, 4, 5, 6, 7

In-person class schedule
9:30-10:30 am

Next in Person Class: 1/22/23

*** Return completed assignments to next in-person class*

SACRAMENTAL PREPARATION PROGRAM

Grades 2, 8, 9

Next in person class: 1/8/2023

Grade 2 & 8 is expected to return each Gospel Weekly to the next in person class. This is so the lesson from the Gospel of the week is reviewed in a timely manner and the program stays on track. For more detailed information, please refer to your Weekly News Family email.

Christmas Eve Live Nativity Pageant!

**There were Angels on high,
Shepherds from far away,
and Animals gathered,
to see Mary and Joseph
celebrate the birth of Baby Jesus!**

**A special Thank You to everyone who
played a role in this year's Pageant, and the
Children's Choir.**

Young Family Activities Committee

We are looking for adults/parents who would be willing to serve on an 'advisory committee' to plan activities: social/educational/spiritual in the parish. We have been introducing a number of new activities and would like to see which activities might have "family appeal". A family pasta night? Games Night? Bingo Night? Please see Fr. Gaffney if you would like to be part of an advisory group.

The Visitation of the Missionary Image of Our Lady of Guadalupe

Saturday, January 7 through Sunday, February 5
The Missionary Image of Our Lady of Guadalupe will be visiting our diocese in various parishes throughout Rhode Island from Saturday, January 7 through Sunday, February 5, 2023. The image is an exact replica of the original image of Our Lady which She left on the Tilma of St. Juan Diego in December 1531. The image is among four blessed at the Basilica of Our Lady of Guadalupe in Mexico by the Rector of the Basilica, Msgr. Monroy, to bring conversions, reverence for life, sanctity of the family and solidarity of the Church in America. The Missionary Images are known to have been associated with many miracles and healings. The schedule and locations will be available beginning January 3 by contacting the diocesan Office of Life and Family Ministry at

401-278-2518

LCooley@dioceseofprovidence.org,
and by visiting the diocesan website at
dioceseofprovidence.org/OLG.

Homebound Parishioners:

Please let the parish know of any 'homebound' parishioners---those who cannot leave their homes ----and might like to receive Holy Communion at home. Also, we like to 'keep in touch' with greeting cards for them. Call the parish office. Thank you.

Grief Support Group.

Our next meeting will be Tuesday, January 17, 2023 at 6:30 p.m. in the Parish Center. Please contact the parish office by phone or e-mail to let us know if you want to be part of the group.

Emmanuel House Homeless Shelter

We are always in need of new socks, bath towels, and backpacks, twin-sized bedding, etc. Drop off items in the Church gathering space or at the Parish Center.