

Saint Bernard Church



September 25, 2022 Twenty-Sixth Sunday in Ordinary Time

Rev. David F. Gaffney, Pastor

sbc.pastor@aol.com

Rev. John E. Unsworth, Pastor, Emeritus

Rev. Charles Maher, Weekday Assistant

Rev. Albino Barrera, OP Weekend Assistant

Pastoral Assistant: Angelo Giacchi
Business Manager: David Cote
Elementary Faith Formation: Dawn Masterson
Youth Faith Formation: Christina Pichette
Music Director: Alison Shea

Mass Schedules

Weekends

Saturday Vigil ~ 5:00 PM

Sundays

7:00 AM 8:30 AM 10:30 AM

Weekdays

8:00 AM Monday through Friday

Address: 275 Tower Hill Road
North Kingstown, RI 02852

Phone : 401-295-0387

E-mail: sbc.bus@verizon.net

Web: www.stbernardnk.org

Hours: Mon - Tues: 9:00 AM - 4:00 PM
Wednesday 9:00 AM - 12:00 PM
Thursday & Friday: Closed

Baptism: Please call Angelo at the Parish Center for information about scheduling and preparation.

Communion to the Sick: Please notify us of those sick and in need of Communion at home.

Marriage: Please call 10 months in advance.

Holy Orders: Tel: 401-831-8011
www.catholicpriest.com

Project Rachel: Post abortion counseling
Tel: 401-421-7833, ext. 118

Sacrament of Reconciliation: Saturdays 4:00 PM

Eucharistic Adoration

Following Tuesday's 8:00 AM Mass until 11:00 AM

Family Faith Formation Program

Our programs provide parishioners of all ages opportunities for learning, growing and living our Faith through common experiences, age-specific learning and interactive sharing. Please call the Parish Center for information regarding any of our programs or email:

First Communion Grade 2:
sbcreligiouseducation@gmail.com

Confirmation Grades 8 & 9: sbc.teenff@gmail.com

Gospel Weeklies Grades 1, 3, 4, 5, 6 & 7:
stbernardgospelweeklies@gmail.com

Ponderings

Like many of you, I have been watching small bits of the coverage of the events of Queen Elizabeth II's funeral. A comment that is often made is something like this, "There sure is a lot of pomp and circumstance." Many people are fascinated with the military precision, with the rituals and symbols, with the 'age-old' traditions---some used only at the passing of the monarch. There are government traditions; there are traditions of the royal family; there are the traditions of the Church of England.

As people become 'fascinated' by the ritual they see before them I am always reminded that as Catholics, we are very used to rituals. We have an 'age-old' tradition that dates back to Jesus Christ. The rituals that are the most familiar to us, as Catholics, are the sacraments of the Church. The Catechism of the Catholic Church offers this definition: "The sacraments are the efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us. The visible rites by which the sacraments are celebrated signify the graces proper to each sacrament. They bear fruit in those who receive them with the required dispositions."

Our sacramental rites are rich in tradition and symbol---at Baptism we use the Paschal Candle, the Oil of Catechumens and the Oil of Chrism for anointings; the Blessed Water of the font, the white garment/bib that recalls our dignity; the small lighted candle given to the family. In each of the sacraments there are also prescribed gestures---prayers---think of the priest's outstretched hands calling on the Holy Spirit to come upon the 'water of the font' to make it holy. Or the outstretched hands over the gifts of bread and wine, calling down the Holy Spirit, as they are transformed into the Body and Blood of Jesus. Or of the incense used at the Prayer of Commendation at the conclusion of the funeral Mass. At other times of the Liturgical Year---especially during Holy Week we see even more 'rich ritual action'-----the Church in darkness at the Easter Vigil---with the Paschal Candle lit from the new fire-----and then all the smaller candles lit from the one Light of Christ. "Light of Christ" -----sung three times by the priest in procession with the candle until the church glows with candlelight. Yes..... our church is rich in ritual and tradition. The ritual appeals to all senses: taste, touch, sight, hearing, smell. It also calls forth various body postures: sitting, standing, kneeling.

Liturgy expresses what we believe. The rituals are the signs and symbols of what we hold, in faith, to be true. The rituals, however, are also the means by which we enter more deeply into the beliefs of our faith. I recall one Easter Vigil celebration at one of my previous parishes where the person (adult) who was baptized at that beautiful celebration had tears in her eyes and said something like, 'that was amazing.' She couldn't quite put words on what the ritual had elicited from her. But the movements, the materials, the words, the gestures, the prayers---all combined to make that a 'moving experience' for her. Rituals, received well, have the capacity to move our hearts and bring us into the realm of mystery and the transcendent.

I came across an article entitled, "The Neuropsychology of How Ritual Creates Religion" by a clinical psychologist who explores how bodily behaviors, such as religious ritual, can affect a person's perception of the world and their religious experience. He argues that ritual creates religious experience. Ritual, as mentioned earlier, is the result of faith and leads us to deeper faith.

There are many different rituals that can 'move us'----think, for example, of the folding of the American flag that happens at the burial of someone who served in one of the military branches. Or think of the procession of Queen Elizabeth's casket into Westminster Cathedral. Or, closer to home, think of the seven sacraments of our Catholic Church. We are always invited to enter more deeply into these celebrations---with body, mind, and heart. We use all of our senses---we take in the rich, ancient rituals of our faith---all intended to bring us into a deeper communion with Father, Son and Holy Spirit.

Rituals-----another reason to be grateful to be a Catholic!!

Fr. Gaffney



Mass Intentions

MONDAY, September 26

8:00 AM – *Richard Tomlinson*
8th Anniversary by Norma LaSalle

TUESDAY, September 27

8:00 AM – *Edna Gillen*

WEDNESDAY, September 28

8:00 AM – *Cecilia Bengford*
by Bruce & Heather Quimby

THURSDAY, September 29

8:00 AM – *Robert Prata*

FRIDAY, September 30

8:00 AM – *Holy Souls of Purgatory*

WEEKEND MASS SCHEDULE

SATURDAY, October 1

5:00 PM – *James DeFelice*
by Jane Viera & family

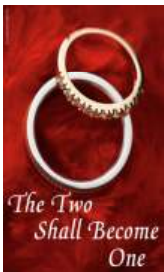
SUNDAY, October 2

7:00 AM – *John Wright*
by his wife and family

8:30 AM – *Stephen B. Kusmierz, Jr.*

10:30 AM – *Felicisimo Fuentes, Jr.*
by his family

Wedding Announcement



Congratulations to:

Emma Waldschmidt and
Adam Dias

who were united in the Sacrament of
Holy Matrimony at St. Bernard
Church on Saturday, September 17,
2022

Flu Clinic

Walgreens will be hosting a Flu Shot Clinic here
at St Bernard's in the parish hall on:

Sunday, October 9, 2022
from 7:30 AM until after the 10:30 AM Mass.

You can come anytime during that time period.
Please bring your insurance card. The Walgreens
Vaccine Administration Record form can be
found on the Forms tab on our website at:

www.stbernardnk.org/forms

The form can be printed and complete page 1 be-
fore attending. We will also have copies on the
gathering space table.

Young at Heart Luncheon Returns !



We welcome families to bring their children—our
youngest parishioners—in their strollers to Mass.

Parish Support

| | September 11 , 2022 | 2021 |
|--------|---------------------|--------------|
| Basket | \$9,121.00 | \$10,135.00 |
| ACH | \$2,260.00 | \$2,642.00 |
| | September 18 , 2022 | 2021 |
| Basket | \$5,230.00 | \$5,748.00 |
| ACH | \$2,822.00 | \$2,963.00 |
| YTD | \$119,191.00 | \$117,885.00 |

Debt Reduction Collection

August Total: 4,655.00
Year-To-Date: \$30,793.00

Thank you for your generous response to this monthly collection!

Remember St. Bernard Church in your will and estate planning. Thank you.

Grief Support Group.

Our next meeting will be Tuesday, October 18 at 6:30 p.m. in the Parish Center. Please contact the parish office by phone or e-mail to let us know if you want to be part of the group.

Blessing of the Pets

Monday, October 3rd at 6:00 p.m. in front of the Parish Center. Please make sure that your pets are on a leash or in a pet carrier.

Office of Family Life and Ministry Fall Events

Wed. September 28, 2022—Sun. Nov. 6, 2022.

Forty Days for LIFE

At the public right-of-way outside 175 Broad St., Providence. 40 days of peaceful, prayer vigils and rosaries for life and for an end to abortion.

Saturday October 1, 2022. 9:00 a.m.—1:00 p.m. Bishop Tobin's Human Life Guild Day. Cathedral of SS. Peter and Paul. RSVP by Fri. Sept. 23. (\$25. Includes brunch and speakers)

Sun. October 2, 2022. Life Chain Sunday. 2:00-3:00 p.m. A peaceful gathering of prayer and public witness for life and for the end of abortion.

Bible Study: The Psalms.

This fall we will offer a 6-session Bible Study focusing on The Psalms. Why the Psalms? A few reasons:

- (1) Jesus prayed the Psalms.
- (2) The Psalms are the most often quoted Old Testament book in the New Testament
- (3) The Psalms are prayed at every Mass----either recited or sung
- (4) The Psalms can help us with our personal prayer----

the Psalms, for example express 'thanksgiving' and 'petition' and 'sorrow'. In addition to helping us understand a Book of Sacred Scripture, a study of the Psalms will help us understand Jesus better and 'prayer' better. We will use a book entitled, Psalm Basics for Catholics. by John Bergsma.

Please purchase this book to use in the program. (On-line book sellers have it) No previous 'Bible Study' is required.

The first class was on September 19, 2022. The remaining classes will be on Monday evenings 7:00-8:00 p.m. in the parish center: Sept. 26; Oct. 3, 17, 24; Nov. 14. Please contact the Parish Office to register.

Young at Heart October Luncheon

Tuesday, October 18, 2022 (sign in at 11:30 AM)

Menu: To Be Determined

Name (s): _____

Cost: \$14.00 per person. Cash: _____ Check _____ (Made out to St. Bernard)

Please respond by Tuesday, October 11, 2022.

Faith Formation

GOSPEL WEEKLIES PROGRAM

Grades 1, 3, 4, 5, 6, 7

In-person class schedule

9:30-10:30 am

Class this weekend.

Next in person class 10/2/2022

*** Return completed assignments to next in-person class*

SACRAMENTAL PREPARATION PROGRAM

Grades 2, 8, 9

Next class is a mini-retreat on 10/2 from 9:30 AM to 12:00 PM.

Grade 2 & 8 is expected to return each Gospel Weekly to the next in person class. This is so the lesson from the Gospel of the week is reviewed in a timely manner and the program stays on track. For more detailed information, please refer to your Weekly News Family email.

St Bernard Second Annual Golf Tournament

**SAVE THE DATE:
Sunday, October 2, 2022
Golf, Dinner, Contests, Prizes**

If you played last year, please join us again. If you did not play, please join us this year! A great time was had by all! Meet fellow parishioners. Enjoy the day!

Golf Dinner Only.

If anyone would like to join in the dinner at Cranston Country Club after the Golf Tournament on October 2nd you are welcome. Price per non-golfer is \$35. Please place check made out to St. Bernard in an envelope marked 'Golf Dinner' and return to the parish office by today, September 25, 2022.

Women's Bible Study

It's time to come back together again - for intimacy with God and one another!

Beholding His Glory by *Walking With Purpose* is a nine-week Catholic women's Bible study designed to bring ALL women together for authentic relationship and meaningful discussion around the Word of God. NO Bible experience is necessary!

Light refreshments will be served. Wednesdays, September 28, 2022 - December 21, 2022, from 10:00 am -12:00 pm. in the Parish Center. All women and their friends are welcome. We will have 9 Bible study meetingswith the new addition of two voluntary prayer meetings.

To attend please:

- 1) Sign up;
- 2) Buy the workbook from the *Walking With Purpose* website; and
- 3) Come with the workbook, a Bible, a pen, and an open heart!

To RSVP and/or to share any questions, please contact:

Mary Capobianco

(marykcapobianco@gmail.com) or

Jean Martish (jjbbam2@aol.com)

Women's Evening Bible Study

Many women have asked about offering our daytime women's Bible study during the evenings. We currently have eight women very interested, but we cannot offer the study until we get a committed group of 12-15.

Living in the Father's Love by *Walking With Purpose* is a six-week Catholic women's Bible study designed to bring ALL women together for authentic relationship and meaningful discussion around the Word of God. NO Bible experience is necessary!

We would meet six Thursday evenings, 6:30 - 8:15pm, in October and November. The study would end before Thanksgiving. We would order all the workbooks in one order to save on shipping. Cost of the workbook is \$25.00 w/shipping - payable on your first night. All women and their friends are welcome.

We would LOVE to offer this study in the evenings!

IF you are interested please contact:

Mary Capobianco or Jean Martish